

AZO®

AZO® Urinary Health Ready to Mix Packets

with 2000mg of D-Mannose – the amount clinically studied to flush, cleanse, and protect the urinary tract*

Plus, added vitamins
and electrolytes for
hydration and
immune support.*



AZO® Urinary Health Ready To Mix Packets

Active Dietary Ingredients: 2000mg D-Mannose, 500mg Vitamin C (as ascorbic acid), 15mcg Vitamin D (as cholecalciferol), 2 mg Vitamin B6 (as pyridoxine hydrochloride), 30mg Calcium (as calcium carbonate), 30mg Magnesium (as magnesium oxide), 360mg Potassium (as potassium citrate).

Other Ingredients: Natural and artificial flavors, citric acid, steviol glycosides, vegetable juice (color).

Directions for Use: Add one packet to 8 ounces of water. Mix and drink. For more dilute flavor, add to 10-12oz of water. Drink daily.

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THE PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

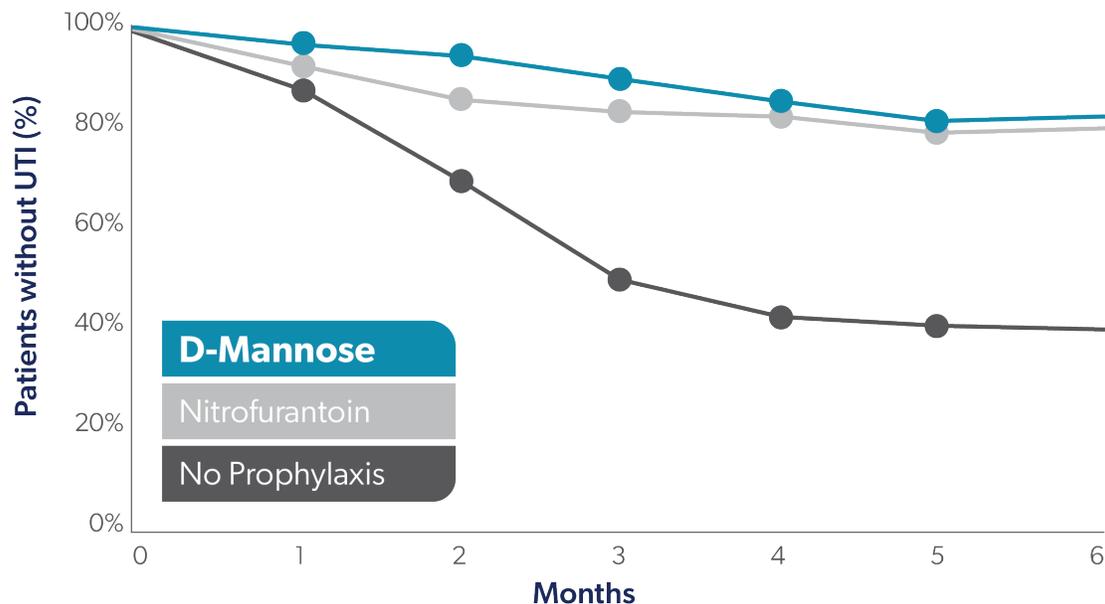
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D-Mannose: A Naturally-Sourced Solution for Recurrent Urinary Tract Infections (UTIs)

Over 80% of uncomplicated UTIs are caused by E.coli.¹

These pathogenic bacteria adhere to uroepithelial cells, leading to an infection of the urinary tract. D-Mannose is a natural sugar, absorbed but not metabolized by the body, that binds to E.coli and prevents them from adhering. This allows the bacteria to be flushed from the urinary tract during urination.² Three (3) clinical studies have demonstrated D-Mannose supplementation is an effective treatment for reducing risk of UTIs.³⁻⁵

D-Mannose Reduces Risk of rUTIs in a Randomized, Controlled Trial³



The group who did not receive treatment had significantly more rUTIs than the D-Mannose and Nitrofurantoin groups ($p < 0.001$)³

N: 308 women being treated for current UTI & a history of rUTI.
Dose: 2000mg D-Mannose, or 50mg Nitrofurantoin, or no prophylaxis.
Duration: 6 months.

D-Mannose in a Drinkable Form Encourages Better Hydration Habits

Adequate water intake is important to urinary health. Increasing void frequency and urine volume helps reduce bacterial load by flushing bacteria from the urinary tract.

- One study found increasing fluid intake and urine volume resulted in a 48% reduction of UTIs.
- A second study reported a 58% reduction in UTIs requiring antibiotics when fluid intake was increased.⁶⁻⁷

Immune Support: Vitamin C and Vitamin D are essential micronutrients for immune support, yet the majority of the U.S. population gets an inadequate amount of both.⁸ Vitamin C and D support cellular functions of both the innate and adaptive immune system.⁹⁻¹⁰

References: 1. Shea AE, et al. mSystems. (2022). 2. Scaglione F, et al. Front Pharmacol. (2021) 3. Porru D, et al. Journal of Clinical Urology. (2014) 4. Domenici L, et al. Eur Rev Med Pharmacol Sci. (201) 5. Kranjčec B, et al. World J Urol. (2014) 6. Perrier ET, et al. Eur J Nutr. (2021) 7. Lean K, et al. BMJ Open Qual. (2019) 8. Reider CA, et al. Nutrients. (2020). 9. Carr AC, et al. Nutrients. (2017). 10. Aranow C, et al. J Investig Med. (2011)

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