

Boric Acid

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Targeted Support - boric acid helps maintain an acidic vaginal pH and reduce pathogenic yeast and bacteria¹



Short term use of intravaginal boric acid can safely treat common vaginal infections with high rates of recurrence.

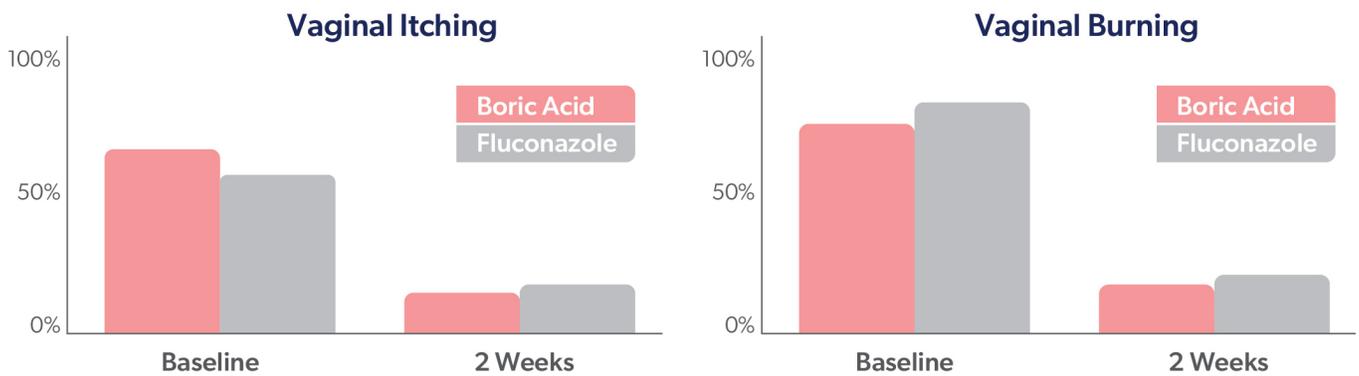
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Boric Acid: Proven Treatment for Vulvovaginal Candidiasis (VVC) & Bacterial Vaginosis (BV)

Short term use of intravaginal boric acid has been used for decades to treat VVC and BV, two of the most common vaginal infections with high rates of recurrence. It has been used as one of the few options available for azole-resistant *Candida*, nitroimidazole-resistant trichomoniasis, and infectious vaginitis.¹

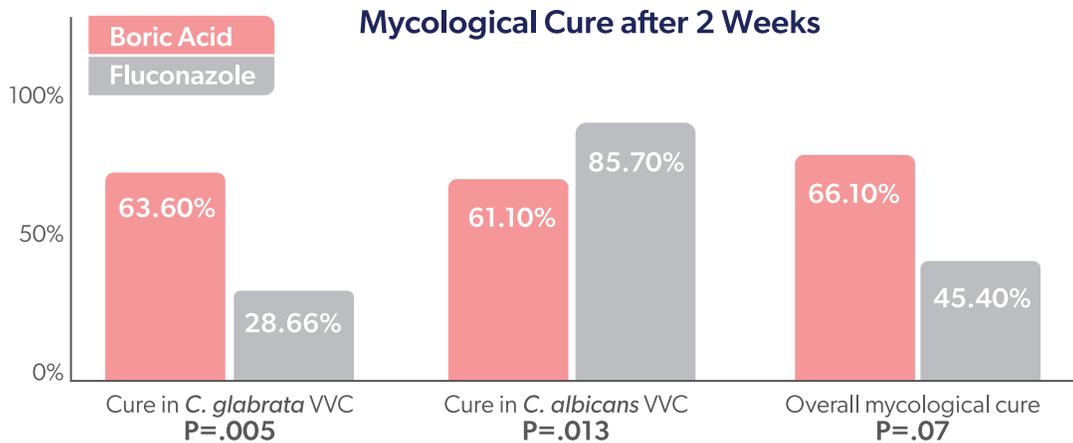
In-vitro studies have shown boric acid acts as an antifungal, has antimicrobial activity against vaginal pathogens, and acts as a biofilm disrupter.²⁻³ Clinical studies support the use of 600mg boric acid intravaginally to relieve BV and VVC infections as well as symptoms like burning, itching and odor.⁴⁻⁶

Efficacy of boric acid is the same as fluconazole⁴



There was no significant difference between boric acid or fluconazole for cure rate, efficacy, or recurrence rate ($p>0.3$).⁴

N: 150 women with symptoms of VVC
Dose: 600mg boric acid every night for a week or fluconazole
Duration: 1 week of treatment, with follow-up at 2 and 6 weeks



C. Glabrata VVC, an infection less responsive to standard treatment,⁷ showed a higher mycological cure with boric acid than single-dose oral 150-mg fluconazole ($P=.005$).⁶

N: 112 diabetic women with VVC
Dose: 600mg boric acid every night for 2 weeks or single dose fluconazole
Duration: 2 weeks